

# Mental Health Support Team Training and Launch

14 - 15 October 2021

[www.dmu.ac.uk/mhst](http://www.dmu.ac.uk/mhst)

\$ IUHH ZHELQDU WUDLQLQJ HY-16 QMR RRF X VILQQWDRQ+ HDROWK ZKLF  
 ZLOO ODXQFK WKH UROO RXW RI WKH QHZ 0HQWDO +HDOWK 6X DPV  
 VHUYLFH DFURVV /HLFHVWHU /HLFHVWHUVKLUH DQG 5XWODQG



7KXUVGD\ 2FWREHU	)ULGD\ 2FWREHU
0HQWDO +HDOWK 6XSSRUWLQJ WKH UROO RXW RI WKH PHQWDO KHDO /HLFHVWHUVKLUH DQG 5XWODQG ,PUDQ 0DKRPHG 0DULH &DKLOGO0\$Q 3UHZ%WFM DQO0DWLH -DPHV	0HQWDO +HDOWK 6XSSRUWLQJ WKH UROO RXW RI WKH PHQWDO KHDO /HLFHVWHUVKLUH DQG 5XWODQG ,PUDQ 0DKRPHG 0DULH &DKLOGO0\$Q 3UHZ%WFM DQO0DWLH -DPHV
\$Q LQWURGXFWLRQ WR '\$+' DQGRWK ZRUN:RIUNV &ROODERUDWLRQ WR '\$+' 6ROXWERRDQ +DOO 7UDLQWVBBBQVHUR IRXQ\$EHRISOH/DWFKLH DQG '\$+' 6SHFLDOLVW &RDFK 'SUHFVROXWLRQ'RXWK :RUN DW WKH 1DWLRQDO & ,&	+LJKHU (GXFDWLRQEAHUH(XCFRHH,%XLOGLOJJD VFKRRO FXOWXUH WKDW S XRXGFRVJHFDWH 3URIHVVUR 6XEMHFW/HJGHUR SUDWKVBRQLQVRQ 9 &KLOGKRRG <RXWK DQG )DPLOLHV 8QLYHUVLW\ 3ULQF5SDZOLQV \$FDGHP\ 1RUWKDPSWRQ
6LJQLILFDQW 0HQWDO ,OOQHVV LQ WKH 8ODVVURRP DQG ZKDWR WR ER+DECRXDKLW NHILHOG \$7UDXPD ,QIRUPHG &XUULFXOXP 0RGHO /HFWXUHU LQ 0HQWDO +HDOWK 3XUULQJ 5DLQJUG &XUULFXOXP /HDG 6W \$OGBH \$VOHWW /HDGHU RI /HDUQLQJ +RVSLWDO DQG 2XWUHDFK (GXFDWLRQ	HHS WKH 5ODVHDFWLVW RI H[HUFLVH ZHOOEHLQJ DQG EXORQDQDQ3RVW 5HFWLWDO KHDOWKEDGDZHOOLEVH (GXFDWLRQDO 3)XWKURJLQWLOQ & OXE
3DUWQHUVKLSV DQG UHODWLRQV KLSV D ZKROH VFKRRO DSSURDFK WEPHQWDO7KHDSFDGSHPLF 5HVLOLHQFH SSSURDFK DQG ILWDO /LWHUFD\ VW &HGXU 1LFRD 3UHQWLRQ VLVW\ RI 1RUWKDPSURRP QWDLRQ LQ 5XWODQG VFKRRO SKLHWA DQG ,QWHUQDWLRQDO ,QVLWXWH TRU 5HVWRUDQFH XHUR 7KHG (GXFDWLRQDO 3UDFWLFHV *UDGXDWH 6FKRRO 8 6 \$	&VLOJ DO DEEHSWDQFH DQG FRPPLWF 0RQJVLGH PNLQOY HPRWLRQ <RXWK \$JHQF\
6XSSRUWLQJ WKH ZKROH VFKRRO DS-SUW 6XUW RI SRVLWLYH PHQWDO KHDOWK DQG ZHOOEHLQJ 3RROH 7KH &KDUOLH :DOOHU 7UXVW	7KH QXUWXULQJ DSS LQ SULPDU\ VFKRRO 3HQQ\ 5DZOLQJV 1X /HDG 3UDFWLWLRQ 5XWODQG
6XLFLGH 5HFRYHU\ELQ%DUKFR 0KRUQH 6DIHJXDUGLQJ 3DUWQHUVKLS 0DQDJHU /HLFHVWHU 3ROLFH	6XSSRUWLQJ IDPLOLHV ZLWK D FKLOG FRQGLWLRQ SDOOLDWLYH FDUH QHHG 6WHYH 'H[WHU (GXFDWLRQDO 3V\FKRORWLRQV/ERFNLVDOHKL UXHQEDU 'LUF (GXFDWLRQDO 3)XWKURJLQWLOQ 6HUYLFH 'HYHORSPHQW DQG ,PSURYHP 6KRUV /LYHV
3HHU UHODWLRQV KLSV LQ VFKRRO DQDQWDO KHDOWK 5ULBU5DFKHQ 0DXQGHU 8QLYHUVLW\ RI 1RUWKDPSURRP \$VVRFLDWH 3URIHVVUR 'H 0RQWIRUW 8QLYHUVLW\	&KLOGUHQ DQG )DPLO\ :HOOEHLQJ 6HU VFKRROV DQG IDPLOLHV WR LPSURYH FKLOGUHQ DQG \EXQDSHRSDZH 6HUY 0DQDJHU &KLOGUHQ DQG )DPLO\ :HOO 'DYLQ %DUVE\ &KLOGUHQJ 3UDFWLW /HLFHVWHUVKLUH &RXQW\ &RXQ
7HHQDJH -%MBUQRQGHUHG ZKH /HLFHVWHUVKLUH +HDOWK\ 6FKRROV 3URJUDPPH WHHQDJHUV H[KLELW FKDOOHQJLPSURBKQYLRKHDOWK DQG ZHOOEHLQJ DFURVV WKH VXFK DV PRRG VZLQJV LUULWDFKROVBERNBERNDFU 0HOLD 6HQLRU +HDOWK DQG QRW ZDQWLQJ WR JHW XS LQ,RSURRBBQWJPHLFHU LQ 3XEOLF +HDOWKIRU E\ &ODLUH 3RROH 7KH &KDUOLH :DOOHUWHUVKLUH &RXQW\ &RXQFLO	6XSSRUWLQJ UHODWLRQV DQDQWDO KDPHQWDO LQOORWVWHV 0RQWIRUW 8QLYHUVLW\ /LQD/3DWRX